

STOKESDALE PARKS & RECREATION UNDER 10 RULES

Sides

- 6 v 6. 5 field players and GK. Minimum 5 v 5 to start and finish the game.

Ball

- Size 4- home team provides the game ball

Field and Goal Sizes

- Approximately 40 x 60 yards
- Goal Size: 6.5 X 18 feet

Game Length/Halftime

- Two 25-minute halves
- 5 minute halftime

Officials

- A referee is provided.
- In the event a referee does not arrive the coach from each team will officiate and will be responsible for calls within their team's defensive half of the field.
- Both coaches can coach from their respective positions from the **team bench and should be the only voice used to coach and facilitate the game.**
- All rules infractions shall be briefly explained to the offending player.

Substitutions

- At the end of each half, or during an out-of-bounds stoppage.
- Each player must play at least one half of the game.

Equipment

- Shinguards (under socks) are required
- Jewelry is not permitted

Uniforms

- Red jersey for home, black jersey for away.

Goalkeepers

- Coaches must use at least 2 different goalies each game unless there are extenuating circumstances.
- Goalkeepers are **not allowed** to punt the ball and must be encouraged to roll (bowl) or pass (feet) the ball out.

Age Specific Rules

- Throw-ins are now taken.
- No offsides.
- No direct free kicks. All fouls result in an indirect free kick.
- On goal kicks and when the goalie is in possession of the ball, the opposing team must retreat to midfield. They can move back into their offensive half once the ball is kicked and touched by another player on the other team.
- All other rules abide by FIFA Laws of the Game.