

## STOKESDALE PARKS & RECREATION UNDER 8 RULES

### Sides

- 5 v 5. 4 field players and GK. Minimum 4 v 4 to start and finish the game.

### Ball

- Size 3

### Field and Goal Sizes

- Maximum Field Size: 30 X 40 yards
- Minimum Field Size: 20 X 30 yards
- Goal Size: 6 X 12 feet

### Game Length/Halftime

- Four 10-minute quarters
- 3 minute break between each quarter

### Officials

- A single Grade 8 Referee

### Substitutions

- At the end of each quarter, or during an out-of-bounds stoppage.
- Each player should play at least one half of the game (**one quarter each half**).

### Equipment

- Shinguards (under socks) are required
- Jewelry is not permitted

### Uniforms

- Red jersey for home, black jersey for away.

### Goalkeepers

- Coaches must play at least 2 different goalies each game unless there are extenuating circumstances.
- Goalkeepers are must be encouraged to roll (bowl) or pass (feet) the ball out, punting is the last resort.

### Age Specific Rules

- All restarts are taken with a kick-in. **No throw-ins** are taken.
- After a goal is scored, game is restarted with a Kick-Off.
- Corner kicks are now taken.
- On goal kicks or when the goalkeeper is in possession of the ball, the opposing team must retreat to midfield. They can move back into their offensive half once the ball is kicked and touched by another player on the other team.
- No offsides.
- No direct free kicks. All fouls result in an indirect free kick.
- All other rules abide by FIFA Laws of the Game.